



**INDIANHILLS**  
COMMUNITY COLLEGE

*Life. Changing.*

## Health Sciences Physical Examination & Immunizations

**TO BE COMPLETED BY THE STUDENT:**

Birthdate (mm/dd/yy) \_\_\_/\_\_\_/\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

How do you rate your general health? \_\_\_\_\_ Do you have any physical or emotional limitations that might hinder your ability to perform the duties and responsibilities of the program you have selected? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Student Signature \_\_\_\_\_ Date \_\_\_\_\_ Health Science Program \_\_\_\_\_

**Immunizations and Tests:** This portion of the form must be filled out in its entirety. Blanks are not allowed. All immunization data must be on this form **OR** the Iowa Department of Public Health form (IRIS) **OR** another State's official public health form

**MMR:** All persons born after 1/1/57 must have received 2 injections of MMR vaccine at least one month apart and after their first birthday **OR** have sufficient rubeola, mumps, and rubella titer **OR** Physician documentation of acquired disease.

#1 Date: \_\_\_\_\_

#2 Date: \_\_\_\_\_

Rubeola Titer Date \_\_\_\_\_  
Immune Not immune

Mumps Titer Date \_\_\_\_\_  
Immune Not immune

Rubella Titer Date \_\_\_\_\_  
Immune Not immune

**If you have had a titer, you must upload the lab report**

**COVID 19 VACCINATION (2 doses of Moderna or Pfizer or 1 dose J&J required) OR approved exemption form**

1<sup>ST</sup> Dose: Date: \_\_\_\_\_

Manufacturer (circle one): Pfizer Moderna Johnson&Johnson

Lot number: \_\_\_\_\_ Location/Facility/Provider: \_\_\_\_\_

2<sup>nd</sup> Dose: Date: \_\_\_\_\_

Manufacturer (circle one): Pfizer Moderna Johnson&Johnson

Lot number: \_\_\_\_\_ Location/Facility/Provider: \_\_\_\_\_

Booster: Date: \_\_\_\_\_

Manufacturer (circle one): Pfizer Moderna Johnson&Johnson

Lot number: \_\_\_\_\_ Location/Facility/Provider: \_\_\_\_\_

**OR**  
Approved exemption form provided

**Tetanus/Diphtheria/Pertussis Booster-TDAP**  
(Must be within 10 years of graduation date)  
(Age 18 years or older)

Date: \_\_\_\_\_

Booster

Date: \_\_\_\_\_

**Hepatitis B: See information sheet**

#1 Date: \_\_\_\_\_

#2 Date: \_\_\_\_\_

#3 Date: \_\_\_\_\_ or

Titer date (**upload lab report**): \_\_\_\_\_ or

If you choose NOT to receive Hepatitis B vaccine, your signature declining vaccination is required.

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

**Varicella (Chickenpox):**

Titer positive for chicken pox or shingles – **Must upload lab report.** Date of titer: \_\_\_\_\_

**OR**

Varicella Vaccine #1 Date: \_\_\_\_\_ and Varicella Vaccine #2 Date: \_\_\_\_\_

**Two-step TB Testing (PPD):**

Have you ever had a positive TB reaction?

Yes  No

Are you currently taking corticosteroids?

Yes  No

Or immunosuppressive agents?

Yes  No

In the past 6 weeks have you had immunizations for measles, mumps, rubella, or influenza?

Yes  No

Have you had a TB test in the last year?

Yes  No

If yes and you can provide documentation, you will only require one additional TB test. **A minimum of 1 week is required between TB tests. A maximum of 3 weeks is allowed between tests.**

I have been informed of the risks of receiving this intradermal injection and my questions have been answered. I understand that it is my responsibility to have the test **read 48-72 hours** after the test has been given.

Print name \_\_\_\_\_

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

If history of positive test, chest x-ray follow up (date within 1 year) \_\_\_\_\_ **MUST upload x-ray report**

**OR** QuantiFERON gold test \_\_\_\_\_ **MUST Upload Lab Report**

**Test #1:**

Injection given by \_\_\_\_\_

Lot # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Date given \_\_\_\_\_

Reaction Test #1  
Read induration only, not redness

\_\_\_\_\_ mm's \_\_\_\_\_  
Date Read \_\_\_\_\_

This reaction is seen as \_\_\_\_\_ according to the Iowa Department of Health criteria

Health Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

**Test #2:**

Injection given by \_\_\_\_\_

Lot # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Date given \_\_\_\_\_

Reaction Test #2  
Read induration only, not redness

\_\_\_\_\_ mm's \_\_\_\_\_  
Date Read \_\_\_\_\_

This reaction is seen as \_\_\_\_\_ according to the Iowa Department of Health criteria

Health Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

**TO THE EXAMINER:** While enrolled in a health sciences program at Indian Hills Community College, this student may be involved in: a rigorous academic program; stressful situations in a one-on-one basis or in groups; activities requiring average manual dexterity, ability to lift, move, or turn person weighing at least as much as the student; activities requiring use of all sense organs, and activities which requires the student to be on her/his feet for up to eight consecutive hours.

**Physicals must be completed by a physician (M.D. or D.O.), physician's assistant (PA) or nurse practitioner (ARNP).**

I hereby certify that I have examined the person named above and determined that she/he is physically and emotionally fit to be enrolled as a student in her/his chosen program at Indian Hills Community College **and has had all the immunizations required.**

Comments: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Address of Healthcare: \_\_\_\_\_

Provider signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Must provide front and back of form to Castlebranch or to your Program's designated faculty if your Program does not utilize Castlebranch.**

**Falsification of medical records will result in disciplinary action which may include dismissal from the Program.**