

COMMUNITY MEETINGS

The Sanctuary Model is grounded in trauma theory, suggesting that those who have experienced trauma often feel disconnected and have a hard time seeing into the future.

As an organization, Orchard Place is facing tremendous change and loss with many recent staff departures and program changes. As such, we want to remind you of the benefits of Community Meetings and how this tool can help us through this challenging time.

Develop a routine each day

Build safety with each other

Connect with our co-workers

Connect with our own feelings

Provide a break in your day

Develop support for one another

Help us see into the future

These are powerful benefits which can assist us in processing through rapid change. The Core Team is looking to the continued use of Community Meetings as one tool to help the organization manage through change.

HOW ARE YOU FEELING - WHAT'S YOUR GOAL - WHO CAN HELP YOU