



## 5 Simple Ideas

1. Respect and trust your assistant.
2. Help your assistant learn about the Early Childhood field.
3. Clarify the responsibilities and expectations you have for your assistant.
4. Be specific when assigning tasks.
5. Provide regular feedback to your assistant about their performance.

# Start-Stop-Continue



## START

I will start doing this after the training:



## STOP

I will stop doing this after the training:



## CONTINUE

I will continue to do this after the training:

# “What’s Cooking?”

Not for Participants—Only for Instructor  
Index Cards are Included

1. Separate participants into teams of 4.
2. Give the following scenario:
  - a. Your family (team) inherited a successful restaurant from your long-lost relative, Chef Charlie. The restaurant will be open in a few hours and you need to prepare the food, but the recipes are all mixed up.
3. Going group-by-group, hand out parts of a recipe to each team member. (Each team should have one complete recipe. The recipe pieces are on index cards.)
4. Explain that each team will need to put their recipe in order so that it makes sense. They need to stand side-by-side in order. When a team feels they are in the correct order, they need to shout, “bon appetite!”
5. Starting with the winning team, have each team introduce themselves.
6. If you want, have the winning team (or all teams) read their recipe.