

### Introduction

Indian Hills alumnus Tom Arnold awards two scholarships to Indian Hills students each year. The scholarships award tuition, fees, required books, and required supply costs for one year (three terms). In addition, if the winners are students residing in the dormitories, an average of room and board costs will be included as part of the scholarship award.

To be eligible for the scholarships, you must compose a brief written piece (500-1,000 words) on this year's subject theme. An Indian Hills faculty committee will screen initial entries and Tom Arnold will choose the final selections himself.

#### **Please Note:**

You must compose a brief, written piece (between 500-1000 words) following the above subject theme established by Tom Arnold.

You should avoid the obscene and exaggerated use of profanities.

The screening committee will eliminate any applications with distracting grammatical, mechanical (spelling and punctuation), and typographical errors from further consideration. Therefore, it is advisable for all applicants to proofread, or have their papers proofread.

The screening committee members will disqualify themselves from judging any entry they have previously seen or proofread.

The two scholarship winners will be contacted by the Indian Hills Foundation Scholarship Coordinator in June with details of their award.

Students will retain all rights to their scholarship entries.

Deadline to complete the essay is **March 18, 2021 at 4:30 pm.**

### Essay

#### **Write a story about how Covid 19 has effected your life in a positive way.**

DO NOT PUT YOUR NAME ANYWHERE ON THE ESSAY. The screening committee will eliminate any applications with distracting grammatical, mechanical (spelling and punctuation), and typographical errors from further consideration.

Therefore, it is advisable for all applicants to proofread, or have their essay proofread.

When the covid pandemic started I was actually pregnant with my first child, I gave birth to a beautiful baby girl on March 19th of 2020 due to covid I could only have one person in my delivery room. I had a vaginal birth and received an Epidural which I only had the company of a nurse when it was administered which was very scary for me. I chose for my older sister to be there with me while I delivered, she was very helpful. She came out perfect. Having a baby in this pandemic was very scary I was constantly worried about her contracting the virus, but thankfully we were released both perfectly healthy. In the four days we were in the hospital only one person could visit at a time so we were very lonely most of the time. Due to an addiction I had while i was pregnant we were released to the hope house in ottumwa for my recovery and abstinence from drugs and alcohol. It is a two month program and you stay with your child in your own room with groups and a full schedule. Having my daughter Raylynn changed my life. I graduated successfully, but ended up relapsing. I put myself back into treatment at the hope house and completed the program for the second time. My sober date is August 19th of 2020

Min Length: 600 words  
Max Length: 1200 words

and have successfully kept my sobriety. My daughter is now 10 months old, and knowing I have a child to care for i made the decision to go back to school. I moved into my dads house, which I believe is the best decision for both me and her. After impatient treatment I was required to do outpatient treatment also. On February 5th I will successfully graduate. I also participate in Family Treatment Court. Covid definitely affects court and treatment, we have a lot of phone appointments, Family Treatment Court has been on zoom meeting since i started and i don't see this changing for a long time. We stay home a lot because my daughter is too young to wear a mask so I don't want to expose her. Only one person in my family that I know of has suffered through having covid, that was my mother and thankfully she recovered fast. Although she had to miss out on our family christmas which she was very bummed about. My daughter hasn't really gotten to experience being outside or around a lot of people which will most likely result in her being scared of new people. The good part of being at home in this pandemic is my daughter and I have grown very close and have a good bond that I cant even explain. I hope in the near future covid will slowly deteriorate and die off so everyone can go back to a normal life. In a short month and a half my daughter will turn a year old, and hopefully we can have a good first birthday without worry of spreading covid. Having her looking up to me pushes me to stay sober and better our life. I want her to have a better life than I had growing up, i want her to have someone to look up to that is successful and able to take care of her every need. So with that said I am overly excited about starting this new journey with Indian hills and seeing my future become what ive always dreamed it would become. My daughter will grow up and be able to say she is proud of me and for that I am thankful.